

# UNIQUE THINKING

**THOUGHT MANAGEMENT FOR UNIQUENESS  
IN THINKING AND  
UNIQUE THOUGHT PROCESS**



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*What we have seen in this book: Unique Thinking*

# Introduction to Unique Thinking and Thought Management

Before I start talking about Unique Thinking and Thought Management, I would like to question myself

## What is a Thought?

Many of us are not exactly clear about the definition of a thought even though we hear it almost everyday.

In this book, we will know about thoughts; methods and practices to manage thoughts; in-depth analysis and details about uniqueness of thoughts and newly designed concepts of thought management that describe unique thought process and real time examples and scenarios connected with thought lifecycle management.

We all know that the thoughts are powerful whether positive or negative and we need to design our thinking very carefully in order to be successful and to get what we want.

## So, What makes a Thought so powerful?

## How can we manage the way we Think?

According to me, a Thought is what distinguishes a person because thinking varies from person to person.

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*A Thought creates an identity to a person.*

*A Thought is what we live in everyday.*

*A Thought is what we execute everyday.*

*A Thought is what makes us.*

*A Thought is what makes our life.*

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According to the scientific definition of a Thought, it is the neuro electrical signal generated by the brain based on our five sensory perceptions.

To be precise and not to be too elaborative on the scientific definition of what a Thought is all about, speaking in a day to day context,

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*A Thought is a goal oriented flow of ideas resulting in reality oriented conclusion.*

*A Thought is an idea or opinion produced by Thinking or sudden occurrence in the mind.*

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## What is Thought Management?

I got a Thought about this Thought Management when I was thinking about What is a Thought and what makes a Thought so powerful and how Thoughts can be controlled and managed.

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*A Thought put into action is what distinguishes a Dream from Reality.*

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Organization of Thoughts make any activity or work a success or failure in life.

Can we say that a Thought decides our success or failure in life?

As we all desire success in life, how do we organize our Thoughts so as to achieve the desired expected outcome.

This is what I Thought, to be called as Unique Thinking and Thought management for attaining uniqueness in thinking and establishing with our mind-the Unique Thought Process and Thought Lifecycle Management.

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*What is a DREAM?*

*A DREAM can be defined as the recollection of Thoughts that happened in the past or the vision of Thoughts that will happen in the Future.*

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