



LOVE
FOR AN
ADDICT

The
Anatomy
OF
Love AND
Addiction

BARBARA FONGER

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INTRODUCTION

“I hate you. I cannot wait until you grow up and get out of my life! I do not know what I did to be punished this way by having children like you. I do not know why God is punishing me!”

My mother was having yet another tirade against us. I was either five or six years old at the time; my sister Bette was about fourteen months older than myself, and my brother Donnie was twenty-two months younger than me. My father must have been out drinking, so it looked like it was just the four of us again. I had heard him say to her earlier that day, “If you did not have those rotten children, you could go with me!” And sure enough, our mother was going to ensure that we knew it was our fault.

I had heard this all my life. There was never a time I felt welcome in this family.

Love for an Addict: The Anatomy of Love and Addiction, is the story of my journey here to Earth and my lifetime here thus far. I have always known that it was my choice to come and be a part of this family from before I took my first breath. I remember it as if it was yesterday and I always have. I realize this may sound strange, but it was the very thing that kept my hope and faith alive through the many tragic events that would transpire through this lifetime. When you have a life of constant and chronic crises, you learn to survive, instead of living and thriving. To live and think beyond your needs is not only impossible, it is incomprehensible, especially if you are a child and are threatened all the time. To this very day, when I am threatened, I want to run. This is the way it all began.

I am sixty-five years old now, and would like to share my story. This is not an attempt to tell anyone how to do it, or go about it when faced with similar or exact situations, nor is this a book full of answers. This has been a story of redemption. A story of redeeming oneself from utter despair, when one feels like all hope for salvation is lost.

COMING TO EARTH

I was a spirit waiting my turn,
To make the journey so I could learn.

A gift that is granted to certain souls,
To learn about love is the goal.

I said, "Send me to a family most needy,
They can be mean, and even be greedy!"

"I won't lose sight of my assignment,
With your help I will bring alignment!"

He said, "Oh my child, listen now,
You will lose your way, this I avow."

"No matter how troubled, difficult and dark,
I will not withdraw my love spark."

"You will get lost and feel alone.
But I promise you this, you will find your way home!"

This is my story. I hope it helps you.

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