

ICE CREAM



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Full Tilt Press
42964 Osgood Road
Fremont, CA 94539
readfulltilt.com

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All internet sites appearing in back matter were available and accurate when this book was sent to press.

ISBN: 9781629209432 (library binding)

ISBN: 9781629209593 (eBook PDF)

ISBN: 9781684526345 (eBook ePUB)

Editor: Mari Bolte

Designer: Sara Radka

Image Credits

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Printed in the United States of America.



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Meet the Sweet





What are sweets? Sweets are special treats! We eat them. We share them. Sweets make us smile.

Ice cream is a frozen treat. It can be soft or hard. Soft serve comes from a machine. Hard ice cream is **scooped** by hand. Many people like vanilla or chocolate best.





Making ice cream as a family is fun.

Most ice cream is made with milk, sugar, and cream. The **ingredients** are mixed. **Flavors** and colors are added. Then the mixture is frozen and whipped. Whipping adds air. More air makes ice cream fluffier.

Ice Cream Ingredients



Italo Marchiony created the first ice cream cone in 1896, in New York. Ernest A. Hamwi also made cones. He was selling waffle-like treats at the 1904 World's Fair in St. Louis, Missouri. The seller next to him ran out of ice cream bowls. So, Hamwi rolled up his waffles and made cones.



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