

OUTDOOR ADVENTURES

# MOUNTAIN CLIMBING





**Jump into the cockpit and take flight with *Pilot books*. Your journey will take you on high-energy adventures as you learn about all that is wild, weird, fascinating, and fun!**

This edition first published in 2013 by Bellwether Media, Inc.

No part of this publication may be reproduced in whole or in part without written permission of the publisher. For information regarding permission, write to Bellwether Media, Inc., Attention: Permissions Department, 5357 Penn Avenue South, Minneapolis, MN 55419.

Library of Congress Cataloging-in-Publication Data

Green, Sara, 1964-

Mountain climbing / by Sara Green.

p. cm. - (Pilot: outdoor adventures)

Includes bibliographical references and index.

Summary: "Engaging images accompany information about mountain climbing. The combination of high-interest subject matter and narrative text is intended for students in grades 3 through 7"--Provided by publisher.

ISBN 978-1-60014-892-7 (hardcover : alk. paper)

1. Mountaineering--Juvenile literature. I. Title.

GV200.G755 2013

796.522--dc23

2012037784

Text copyright © 2013 by Bellwether Media, Inc. PILOT and associated logos are trademarks and/or registered trademarks of Bellwether Media, Inc. SCHOLASTIC, CHILDREN'S PRESS, and associated logos are trademarks and/or registered trademarks of Scholastic Inc.

Printed in the United States of America, North Mankato, MN.

# TABLE OF CONTENTS

<b>A Mountain Adventure .....</b>	<b>4</b>
<b>Gear Up for the Climb .....</b>	<b>10</b>
<b>Safe to the Summit .....</b>	<b>14</b>
<b>Climbing Mount Hood .....</b>	<b>20</b>
<b>Glossary .....</b>	<b>22</b>
<b>To Learn More .....</b>	<b>23</b>
<b>Index .....</b>	<b>24</b>

# A MOUNTAIN ADVENTURE

Several mountain climbers awake before dawn to bitter cold. They had spent the night in tents below the **summit** of Mount Everest, the world's tallest mountain. Today they will attempt the steep and difficult climb to the top.

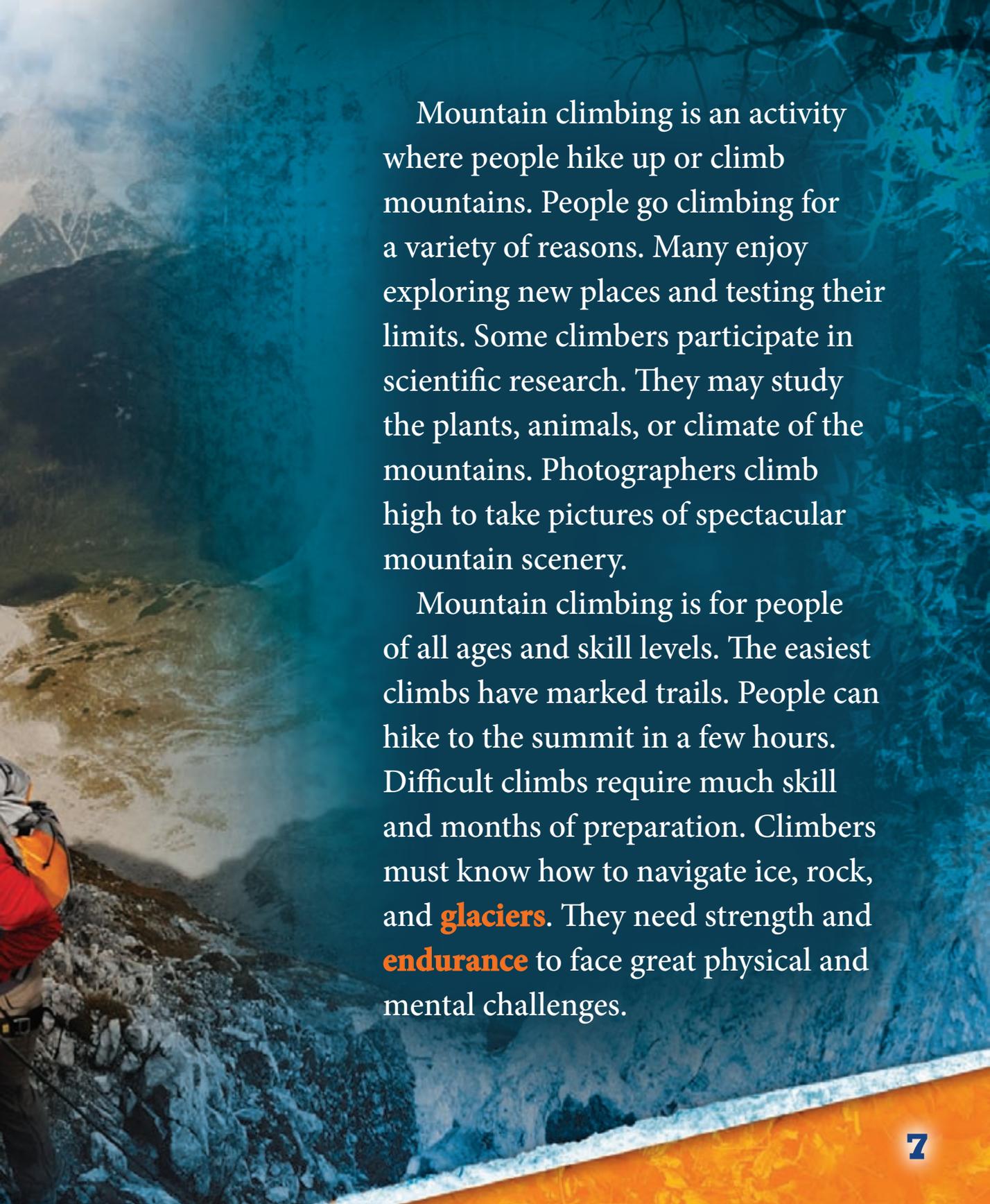
The climbers use headlamps to see and bottled oxygen to breathe in the high **altitude**. They grip ropes bolted to the rocks on the steepest sections of the climb. Finally, after hours of climbing, they see the flags that mark the top of the mountain. At the summit, the climbers marvel at the view and pose for pictures. They are standing on the top of the world!

## Everest

Mount Everest stands 29,035 feet (8,850 meters) tall and is located in Asia between Tibet and Nepal. On May 29, 1953, Edmund Hillary and Tenzing Norgay became the first people to summit Mount Everest.





A photograph of a mountain climber on a rocky peak, with a blue-tinted background. The climber is wearing a red jacket and a backpack, and is positioned on the left side of the frame. The background shows a vast mountain range under a clear sky. The text is overlaid on the right side of the image.

Mountain climbing is an activity where people hike up or climb mountains. People go climbing for a variety of reasons. Many enjoy exploring new places and testing their limits. Some climbers participate in scientific research. They may study the plants, animals, or climate of the mountains. Photographers climb high to take pictures of spectacular mountain scenery.

Mountain climbing is for people of all ages and skill levels. The easiest climbs have marked trails. People can hike to the summit in a few hours. Difficult climbs require much skill and months of preparation. Climbers must know how to navigate ice, rock, and **glaciers**. They need strength and **endurance** to face great physical and mental challenges.

**You've Just Finished your Free Sample**

**Enjoyed the preview?**

**Buy: <http://www.ebooks2go.com>**