

PLANET YUM

A SPACE EXPLORER'S COOKBOOK



Joanne Mattern



CREATING YOUNG NONFICTION READERS

Little Mitchie books spark curiosity and support early nonfiction reading for students in Grades 2-3. Designed to build vocabulary, support second language learners, and prepare readers for middle-grade content, each book includes helpful tips for parents and educators to build confidence and deepen understanding of the world.

TIPS FOR READING NONFICTION WITH BEGINNING READERS

Talk about Nonfiction

Begin by explaining that nonfiction books give us information that is true. The book will be organized around a specific topic or idea, and we may learn new facts through reading.

Look at the Parts

Most nonfiction books have helpful features. Our *Little Mitchie* titles include color photographs and graphic aids, a table of contents, a glossary, and an index. Share the purpose of these features with your reader.

Color Photos and Graphic Aids

A lot of information can be found by “reading” photos, charts, maps, and other graphic aids found within nonfiction texts. Help your reader learn more about the different ways information can be displayed.

Table of Contents

Located at the front of the book, this list shows the big ideas within the text and the page numbers where they can be found.

Glossary

Located at the back of the book, the glossary defines key words and phrases that are related to the topic. These words and phrases can be found in the text in colored type.

Index

Located at the back of the book, an index is an alphabetical list of topics and the page numbers where they can be found.

With a little help and guidance about reading nonfiction, you can feel good about introducing a young reader to the world of *Little Mitchie* nonfiction books.

Little Mitchie is an imprint of:

Mitchell Lane

PUBLISHERS

2001 SW 31st Avenue
Hallandale, FL 33009
mitchelllanepub.com

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First Edition, 2027.

Author: Joanne Mattern
Designer: Bobbie Houser
Editor: Madison Greve

Library of Congress Cataloging-in-Publication Data
Title: Planet Yum: A Space Explorer's Cookbook /
by Joanne Mattern

Description: Hallandale, FL :
Mitchell Lane Publishers, [2027]

Identifiers:
ISBN 979-8-89260-929-6 (library bound)
ISBN 979-8-90145-015-4 (eBook)

Library of Congress Control Number: 2026936388

PHOTO CREDITS

Alamy: Marius Hainal, 7; Cavan Images, 11; Shutterstock: kuvona, cover, 1, 15; Taras Grebinets, 4; Viktoriia Ablohina, 5; yar-andy, 9; John_Walker_Shutter, 13; Bettina Calder, 17; Ezume Images, 19; MBLifestyle, 21.

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HOW TO USE THIS BOOK

The kitchen is a great place to have fun! This book will help you make some delicious recipes.

Read each recipe first. Be sure to have everything you need in place before you start. Check that no one is **allergic** to any of the ingredients.

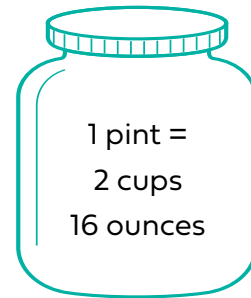
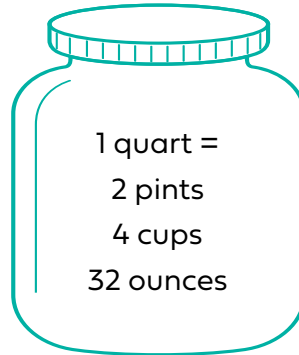
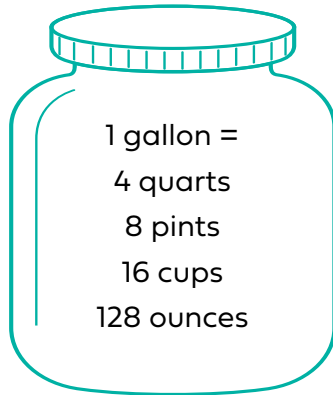
Wash your hands before you start.

Have an adult close by. Let them use knives and the stove.

Now, get ready to cook up some fun!



CONVERSION CHART



1 cup =
16 tablespoons
8 ounces

$\frac{3}{4}$ cup =
12 tablespoons
6 ounces

$\frac{1}{2}$ cup =
8 tablespoons
4 ounces

$\frac{1}{3}$ cup =
 $5\frac{1}{3}$ tablespoons
 $2\frac{2}{3}$ ounces

$\frac{1}{4}$ cup =
4 tablespoons
2 ounces



3 teaspoons = 1 tablespoon ($\frac{1}{2}$ ounce)

2 tablespoons = $\frac{1}{8}$ cup (1 ounce)

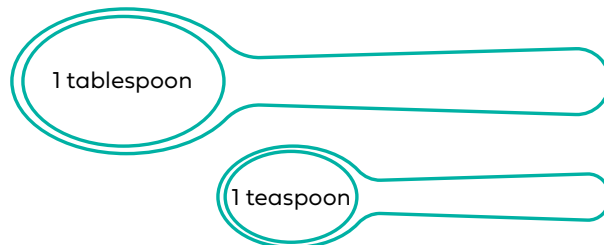
4 tablespoons = $\frac{1}{4}$ cup (2 ounces)

$5\frac{1}{3}$ tablespoons = $\frac{1}{3}$ cup ($2\frac{2}{3}$ ounces)

8 tablespoons = $\frac{1}{2}$ cup (4 ounces)

12 tablespoons = $\frac{3}{4}$ cup (6 ounces)

32 tablespoons = 2 cups (16 ounces)



Chapter 1

ROCKET FRUIT SKEWERS

"What did you learn in school today, Kira?" her older sister, Callie, asked.

"We learned about outer space," Kira said. "Our teacher showed a video about rocket ships. Then we made some rockets out of fruit. It was fun and healthy. I want to make some for us at home."

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