

GAME DAY GRUB

RECIPES FOR EVERY SPORT



Joanne Mattern



CREATING YOUNG NONFICTION READERS

Little Mitchie books spark curiosity and support early nonfiction reading for students in Grades 2-3. Designed to build vocabulary, support second language learners, and prepare readers for middle-grade content, each book includes helpful tips for parents and educators to build confidence and deepen understanding of the world.

TIPS FOR READING NONFICTION WITH BEGINNING READERS

Talk about Nonfiction

Begin by explaining that nonfiction books give us information that is true. The book will be organized around a specific topic or idea, and we may learn new facts through reading.

Look at the Parts

Most nonfiction books have helpful features. Our *Little Mitchie* titles include color photographs and graphic aids, a table of contents, a glossary, and an index. Share the purpose of these features with your reader.

Color Photos and Graphic Aids

A lot of information can be found by “reading” photos, charts, maps, and other graphic aids found within nonfiction texts. Help your reader learn more about the different ways information can be displayed.

Table of Contents

Located at the front of the book, this list shows the big ideas within the text and the page numbers where they can be found.

Glossary

Located at the back of the book, the glossary defines key words and phrases that are related to the topic. These words and phrases can be found in the text in colored type.

Index

Located at the back of the book, an index is an alphabetical list of topics and the page numbers where they can be found.

With a little help and guidance about reading nonfiction, you can feel good about introducing a young reader to the world of *Little Mitchie* nonfiction books.

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HOW TO USE THIS BOOK

The kitchen is a great place to have fun! This book will help you make some delicious recipes.

Read each recipe first. Be sure to have everything you need in place before you start. Check that no one is **allergic** to any of the ingredients.

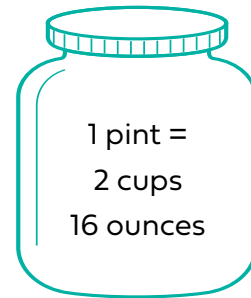
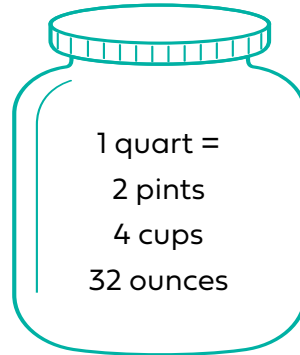
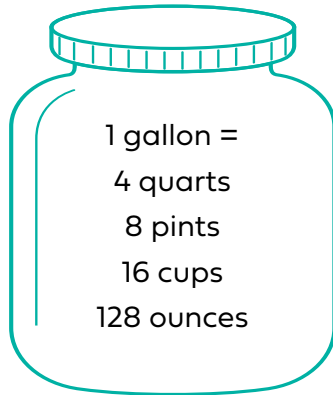
Wash your hands before you start.

Have an adult close by. Let them use knives and the stove.

Now, get ready to cook up some fun!



CONVERSION CHART



1 cup =
16 tablespoons
8 ounces

$\frac{3}{4}$ cup =
12 tablespoons
6 ounces

$\frac{1}{2}$ cup =
8 tablespoons
4 ounces

$\frac{1}{3}$ cup =
 $5\frac{1}{3}$ tablespoons
 $2\frac{2}{3}$ ounces

$\frac{1}{4}$ cup =
4 tablespoons
2 ounces



3 teaspoons = 1 tablespoon ($\frac{1}{2}$ ounce)

2 tablespoons = $\frac{1}{8}$ cup (1 ounce)

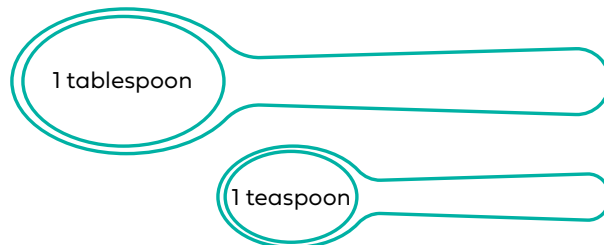
4 tablespoons = $\frac{1}{4}$ cup (2 ounces)

$5\frac{1}{3}$ tablespoons = $\frac{1}{3}$ cup ($2\frac{2}{3}$ ounces)

8 tablespoons = $\frac{1}{2}$ cup (4 ounces)

12 tablespoons = $\frac{3}{4}$ cup (6 ounces)

32 tablespoons = 2 cups (16 ounces)



Chapter 1

BATTER UP SNACK Mix

Jenna watched her brother walk up to home plate. She dug her hand into the bag of snack mix she had made.

"Mmm," she said. "This is sweet and salty. It's perfect to eat while watching the game!"

Crack! Luke hit the ball hard. It sailed over the fence. Home run!

You've Just Finished your Free Sample

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