

THE 22 PILLARS OF TRANSFORMATION:

The Aleph



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About Me

At twenty-six, my life shattered—my husband was tragically killed by a shark while we were in Cozumel, Mexico. I was left a grieving mother with a two-year-old on my hip, hearing the well-meaning but hollow words: “God doesn’t give you more than you can handle.” Those words didn’t heal. They ignited a question. I cried out, and God answered gently: “Look at what My Word actually says.”

That moment changed everything. I began to notice how often Scripture had been quoted to me with words subtly altered—added, removed, or shifted—changing God’s meaning. Hungry for truth, I dove into the original Hebrew, and what I discovered stunned me. The 22 Hebrew letters were not just marks on a page. Each was alive—pillars of light, carrying within them the character traits of God. One God, yet like a hologram, He reveals Himself in many ways, meeting us at the level of our soul’s growth.

Each letter is at once a pictograph, a number, a force, an amino acid, even a blueprint of biology itself. These are not abstract ideas; they are the DNA of creation, the living Word made flesh. One day, as I studied, a white orb lifted off the page of my Bible. When I asked what it was, I heard: “Come and see.” From that moment on, I knew I had to follow.

I am not a formally trained scientist. The insights shared in this book were not formed in a laboratory, but through years of prayer, disciplined study, and what I can only describe as divine illumination. Over time, connections between Scripture, Hebrew language, and the intricacies of biology began to unfold before me with increasing clarity.

I understand that science can feel overwhelming or difficult to follow. Yet I believe it is necessary to walk through these details carefully. When we examine the design of the human body closely—down to its molecular architecture—we see unmistakable intention. We see order. We see purpose. We see a Temple.

My desire in sharing the scientific framework is not to impress, but to demonstrate. The same God who authored Scripture authored our biology. The transformation process He calls us into is not symbolic alone—it is woven into our very design.

Following Yeshua is not a casual declaration or a momentary prayer detached from daily obedience. It is a living, ongoing surrender that reshapes who we are from the inside out. The God who is Holy calls us into holiness—not merely belief, but transformation.

What you will read in these pages is the journey of that unfolding.

Today, I am joyfully remarried to my true soulmate of twenty-five years. We have two grown daughters—one now married and expecting my first biological grandchild, joining my two beautiful “plus” granddaughters who have already filled my heart with joy. My days are spent listening for fresh revelation, writing new video series, preparing a book for each Hebrew letter, and helping friends walk in victory over the battles they face.

The 22 letters are not just an alphabet—they are God’s image written in your spirit, soul, and body. And they carry within them the potential transforming power to make Adam into Ha-Adam. Allow me to show you how.

About the 22 Pillars of Light

The 22 Pillars of Light are more than Hebrew letters. They are divine frequencies, the building blocks of your spirit, soul, and body, and the key to unlocking your transformation in Christ.

Through my book, videos, audios, flashcards, and upcoming courses, I walk you through each letter as its own **living essence**, revealing its connections to amino acids, subatomic particles, DNA structure, vitamins, hormones, the seven spirits of God, and the five levels of the soul. You'll see how **Adonai** and **El Shaddai** are written into your biology—into structure, function, and transformation, how your DNA is a sealed scroll that can be unsealed, how your choices shift your **shem**—your name, your destiny—from moment to moment.

You'll discover how **manna**, fasting, and even mitochondria help you regain spiritual inheritance, and the transformation of your identity from ego-driven to light filled.

Each of the 22 letters are poised to be explored in my book series, unveiling how the Word of God speaks not just to your soul, but to your cells. My mission is to equip you with revelation that bridges science and Scripture—so you can not only understand God's design, but **walk in it**, body, soul, and spirit. This isn't just theology. It's embodiment. It's alignment. It's resurrection from the inside out.

You do not need a scientific background to follow this journey—only a willingness to listen, wrestle honestly with scriptures, question, and breathe.

The Manifesto: Beyond the Breadcrumbs

(The Key to This Journey)

I don't like loose ends. I've never been comfortable with the idea that Biblical interpretation is a matter of personal opinion or a "choose your own adventure" for our thoughts. God is a God of precision, not confusion. He didn't intend for us to wander through the Word guessing at His meaning; this is why He gave us the **Twenty-Two Pillars**.

These twenty-two Hebrew letters are the foundational DNA of creation. Each letter carries an unmistakable, divinely-etched meaning. When they are added together, they don't just form a word; they form a collective revelation that is absolute.

For too long, well-meaning people—often driven by fear or the pride of tradition—have taught ideologies that have "stuck", and we believe and follow even to this day. They've created a layer of "fluff" I call *Chreeeeestian-ism*: a religious surface that often flies in the face of what the Bible actually says beneath the veil.

God called me to write this book to strip away that religion and reveal the unmistakable patterns that speak Absolute Truth. If you are willing to look deeper than the reflection in the mirror and follow the breadcrumbs He has left in the very structure of His language, you will find that the truth isn't just a concept—it's an integrated system of light.

Let's move past human opinion. Let's look at the pillars and let them reveal how we go from conformed to transformed!

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