

Paths of Light

Tales of Spiritual Awakening in Auroville, India

Part - 2



Discover Inner Peace, Recharge Your Energy,
Embrace Transformation, Experience Unity,
Illuminate Your Journey,
and Rediscover True Joy in Life

Dr. Lourde Nadin Epinal, PhD

Copyright © 2024, Dr. Lourde Nadin Epinal, PhD
All rights reserved.

No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording or any information storage and retrieval system now known or to be invented, without permission in writing from the publisher, except by a reviewer who wishes to quote brief passages in connection with a review written for inclusion in a magazine, newspaper or broadcast.

Published in India by Prowess Publishing,
YRK Towers, Thadikara Swamy Koil St, Alandur,
Chennai, Tamil Nadu 600016

eISBN: 978-1-5457-6045-1

Library of Congress Cataloging in Publication

Table of Contents

- 1 The Light of Openness: Wisdom from the Matrimandir
- 2 Echoes of Serenity: The Mystical Moments Beneath the Banyan
- 3 Banyan Tree: Inner Silence Over Outer Noise
- 4 Mohanta's Journey: From Stars to the Divine
- 5 Healing Under the Banyan Tree
- 6 The Eternal Walk: Spiritual Insights from Mahalingam
- 7 Heartful Apology: Seeking Forgiveness from the Heart
- 8 The Bonfire of Dreams: Finding Auroville Within
- 9 The Little Gardeners: A Tale of Karma Yoga
- 10 From Stress to Serenity: The Golden Sound and Inner Peace
- 11 The Radiance of the 24 Petals: Light Beneath the Matrimandir
- 12 The Secrets of Auroville: Emma's Adventure
- 13 A Beacon of Joy: Sylvia's Journey of Inner Growth and Community Service
- 14 Grounding Under the Banyan Tree: The Dog and the Path to Inner Growth
- 15 The Inner Connection: Integrating Psychic Healing Daily
- 16 Awakening Under the Banyan: A Journey Through the Five Senses
- 17 The Spiritual Journey to the Matrimandir
- 18 The City of Unity: A Story of Auroville

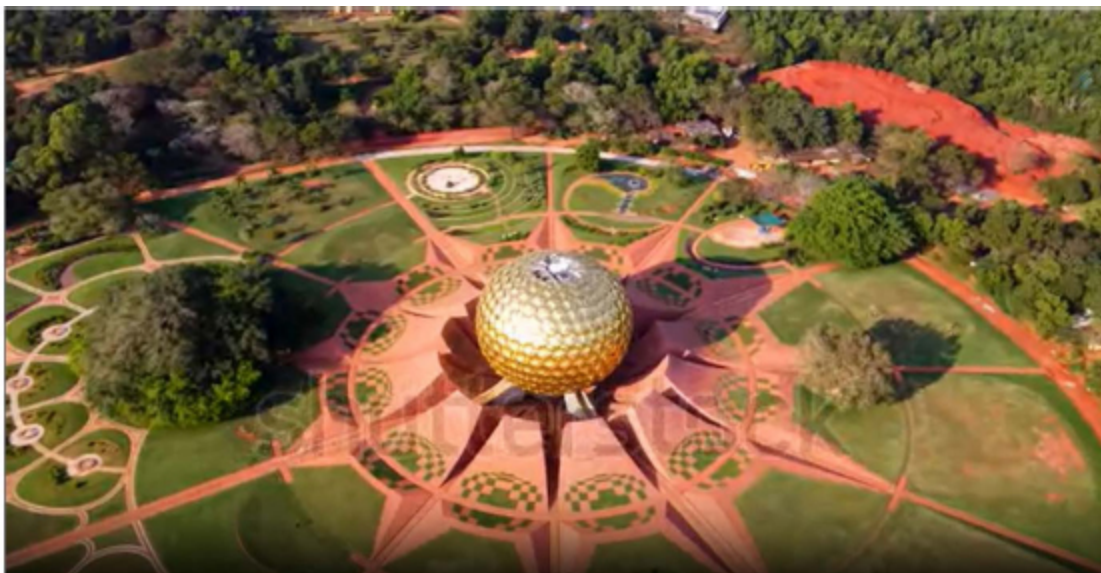
19 The Pebble's Gift: Finding Calm in the Garden of Unexpected

1

The Light of Openness: Wisdom from the Matrimandir

Near the Auroville Matrimandir, on the west side, there stood a majestic Banyan tree. On the east side, equally grand, stood a Peepal tree. These trees had witnessed the passage of time and the evolution of the land around them. The Banyan tree often boasted about its ancient roots and its significant connection to the Matrimandir. “I have been here long before the Matrimandir came into existence,” it would say. “Surely, the light from the Matrimandir will reach me first.”

The Peepal tree, not to be outdone, would respond, “But under my branches, the Buddha attained enlightenment. Surely, this makes me more worthy of receiving the light first.”



One serene evening, as the golden sun began to set, the two trees found themselves in a heated argument about who would be the first to receive the light from the Matrimandir. Their leaves rustled with agitation, and their branches swayed in a display of pride and competition.

Suddenly, a gentle, radiant beam of light emerged from the Matrimandir. Both trees held their breath, eager to bask in its glow. However, to their surprise, the light did not favour either of them. Instead, it descended gracefully and illuminated a small, humble blade of grass growing at the base of the Matrimandir.

The Banyan and Peepal trees were taken aback. They wondered how a mere blade of grass could be chosen over them. Seeking answers, they turned to the Matrimandir and asked in unison, "How is this possible? Why did the light choose the blade of grass over us? "

The Matrimandir, with an aura of infinite calm and wisdom, responded gently, "Dear Banyan and Peepal, it is not about your size or your history. What truly matters is how open you are to receiving the light. The blade of grass, though small and seemingly insignificant, was fully open and receptive. It is this openness that allowed the light to reach it first."

The trees pondered deeply over these words, their branches bowing in contemplation. After a moment, they asked, "What is this openness? How can we open ourselves to receive the light?"

The Matrimandir, glowing softly, explained, "Openness is a state of being. It is about letting go of pride and competition, embracing humility and acceptance. To be open means to empty oneself of preconceived notions and to be ready to receive with a pure and sincere heart. It is not about being the tallest or the oldest but about being the most willing and receptive."

As the days passed, the light from the Matrimandir began to touch their leaves and branches more frequently. The trees felt a deep sense of peace and fulfillment, understanding that true enlightenment comes not from being the greatest, but from being the most open and accepting.

And so, near the Auroville Matrimandir, the Banyan and Peepal trees stood tall, not in pride, but in serene openness, forever basking in the gentle, loving light of the Matrimandir. The light spread throughout the garden, touching every blade of grass, small plant, shrub, and tree. In this shared illumination, all the flora around the Matrimandir flourished, each one receiving the light with open hearts, creating a harmonious and vibrant sanctuary of life and unity.

You've Just Finished your Free Sample

Enjoyed the preview?

Buy: <http://www.ebooks2go.com>