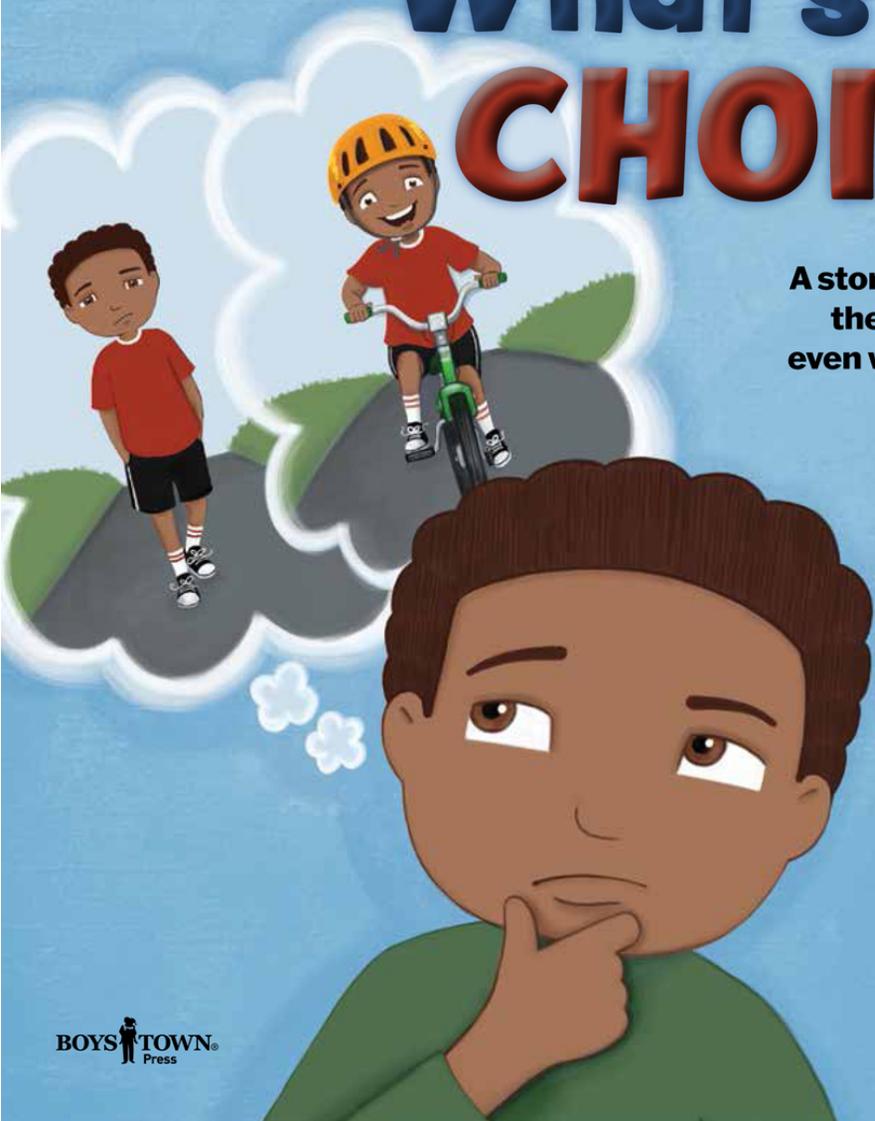


# What's Your **CHOICE?**

A story about making  
the best choice,  
even when it's not fun

Written by  
**Bryan  
Smith**

Illustrated by  
**Lisa M.  
Griffin**



## What's Your Choice?

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Hey everyone.  
Isaac here again.

My parents usually give me choices when they ask me to do something. And when all the choices they give me are **BORING, SUPER HARD, NOT FUN** or a **HORRIBLE MIX** of all three, **choosing can be really hard!**



Last night was one of those times when I had to make a hard choice. I was watching TV when Mom said, “Isaac, it’s time for bed. I need you to go brush your teeth.”

I told her,  
**“Moom... I don’t want to go to bed.”**

“Isaac, I know you really want to finish watching your show, but it’s time to brush your teeth and get ready for bed. I’m going to give you two choices. And here’s the good news. Deciding between two choices really isn’t that hard if you follow four simple steps.”



## How to Make the Best Choice

- 1.** Look at your options.
- 2.** Picture yourself making each choice in your mind.
- 3.** Decide which choice is best for you and others.
- 4.** Make that choice and move on.

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