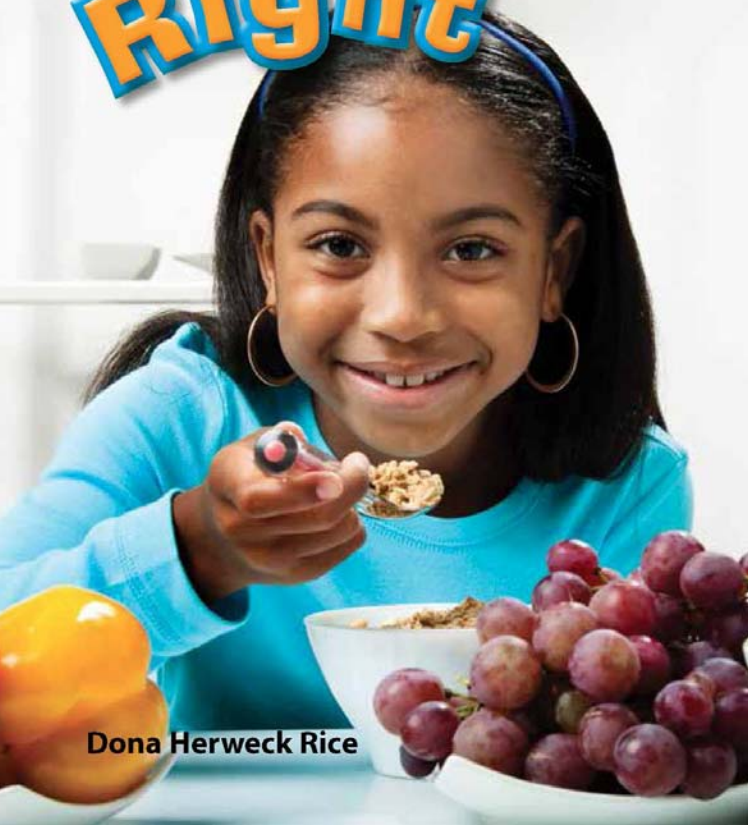


**TIME**  
FOR KIDS

# Eating Right



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eating healthy food.



It is okay to eat some  
treats, but only a little.

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