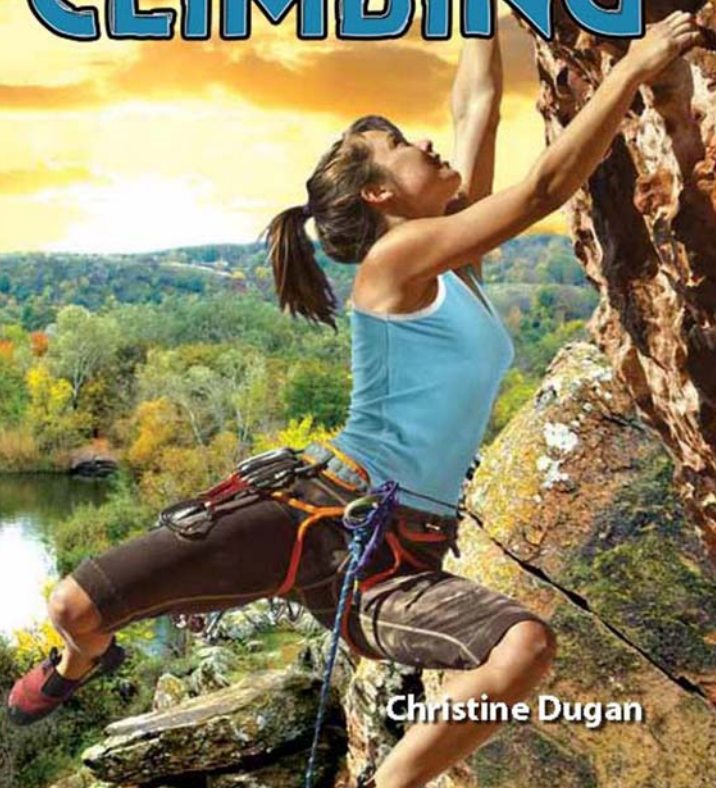


TIME
FOR KIDS

Defying Gravity!

ROCK CLIMBING



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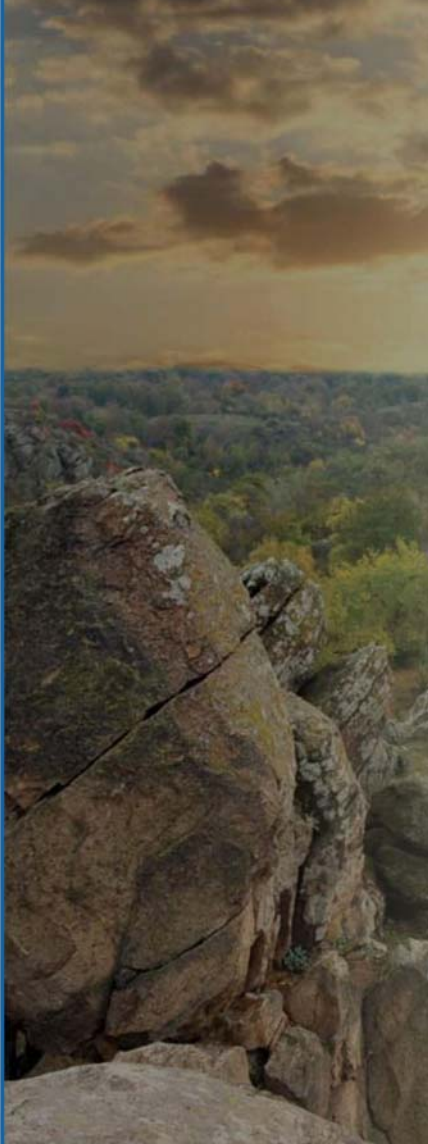
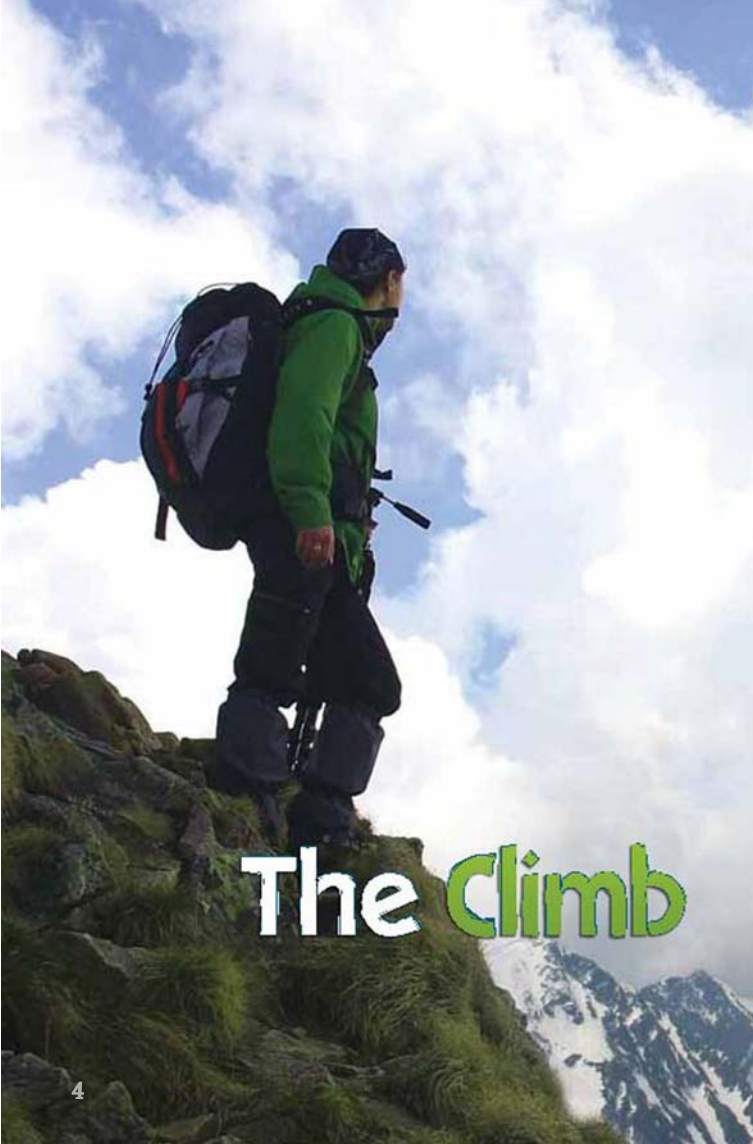


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The Climb

A team of climbers stretches. They compare injuries and stories. The red sun is starting to rise. A bird flies by just below. The climb was amazing—the view is unforgettable.

Rock climbing is a sport that requires physical strength, intense focus, and true courage. And it is a sport that people of all ages can try. Rock climbers love facing new challenges. With every climb, they seek new thrills and new views. But the danger of a fall is always possible. The risks are great, but the rewards are awesome. It's time to go **vertical!**



Think you're ready to try rock climbing? Here are some things you'll need to know about:

- climbing techniques and safety skills
- what gear to grab
- math (even the strongest climbers won't get far without math!)

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