

REBECCA CORNISH

HE IS RISEN

A woman with long dark hair, wearing a long white robe, stands with her back to the camera. She is positioned in the center of a large, natural stone archway. The archway frames a bright, glowing sunrise over a body of water. The light from the sun is very intense, creating a lens flare effect and casting a warm, golden glow on the woman's robe and the surrounding stone. The overall mood is peaceful and hopeful.

A FAMILY GUIDE TO CELEBRATING
A CHRIST-CENTERED EASTER

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For my husband, Del, who has always been my biggest cheerleader.

For my family, who has always supported me in my writing projects.

For my seminary students, who motivated me to dive deeper in the scriptures and study the names of Jesus.

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DAY 1: THE LIGHT OF THE WORLD

Scriptures: John 8:12, 3 Nephi 11:11

Song: “The Lord is My Light” (*Hymns* #89)

JESUS IS OFTEN REFERRED TO AS THE LIGHT OR THE LIGHT AND LIFE OF THE World. His Light dispels darkness, guiding us through life with truth and love. Darkness cannot exist when there is light. If you enter a dark room and turn on a flashlight, the darkness will disappear. Darkness cannot abide the light. Light is also often associated with guidance and warmth. The best way to banish darkness is to shine a light on it.

Satan is dark. His ways lead us into spiritual bondage. Those who choose to follow Satan will be filled with darkness. Jesus drives away any darkness in the world or in our lives. When we are following Jesus, we can feel His Light. We can also feel the warmth that emanates from that Light. Jesus’s ways are filled with goodness and love.

When our burdens are lifted through Jesus, we feel lighter. Not only can we feel His Light, but we can also feel lighter because He helps us with trials that would otherwise feel too heavy to carry.

We can share His Light with others by what we say, how we act, and what we do. Whenever we are doing something kind, compassionate, or serving someone else, we are sharing His Light. When we choose to be patient, forgiving, or are extending grace to someone, we are sharing His Light. His Light fills us with love and motivates us to do good.

In Doctrine and Covenants 50:24, we learn, “That which is of God is light; and he that receiveth light, and continueth in God, receiveth more light;

and that light groweth brighter and brighter until the perfect day.” As we fill our lives with His Light, we will continue to receive greater light.

DISCUSSION QUESTIONS

- How does Christ’s Light influence your daily life?
- In what specific ways can you share His Light with others?
- What are some ways to increase His Light in your life?

ACTIVITIES

- You can download a free image of candles surrounding Jesus from www.ScatterSonShine.com or www.RebeccaTalley.com to write His names as you go through this book. Use a larger candle to write one of His names each day and place it on your wall, refrigerator, or bulletin board as a reminder through the days preceding Easter.
- Write *The Light of the World* on a candle surrounding Jesus and on one of the larger candles (free download at www.ScatterSonShine.com or www.RebeccaTalley.com).
- In a dark room, light a candle and watch it dispel the darkness.
- Do a service activity that brings light to someone’s life. For example, visit a lonely neighbor, write a card to a family member, bring some cookies to a teacher, invite a family over to play games, or make a blanket to donate at a local hospital.
- Memorize John 8:12.
- Search the scriptures for verses about the Light of Jesus Christ and mark them. If you’re using the Gospel Library app, you can link scriptures by clicking on the verse and then clicking on the link icon in the box.
- Light a candle each night as you study the names of Jesus.
- Make a candle out of white and yellow construction paper and leave it somewhere in the house (on a bed, near the dishwasher, by the vacuum) where you’ve done an act of service.

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