



BECOMING A WOMAN OF GOD

A 6-Week Study Journal

Seeking Diligently

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ISBN 13: 978-1-4621-4736-6
ebook ISBN 13: 978-1-4621-4780-9

Published by CFI, an imprint of Cedar Fort, Inc.
2373 W. 700 S., Suite 100, Springville, UT 84663
Distributed by Cedar Fort, Inc., www.cedarfort.com

Cover design by Angela Smith and Shawnda T. Craig
Cover design © 2024 Cedar Fort, Inc.
Edited by Sarina Betts
Typeset by Sarina Betts and Shawnda T. Craig
Printed in the United States of America

10 9 8 7 6 5 4 3 2 1

Printed on acid-free paper

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Week One

Personal Conversion

Discipleship, in any form, must start with personal conversion to the Savior and His gospel. The word “conversion” comes from “convert,” which means to change into another form or state; to adapt to a new or different purpose. Conversion then, in its simplest form, means to change. It means that we leave what we once were to become something new, to grow toward a different purpose.

As we diligently seek to become women of God, we will start to notice these changes in ourselves. We will find ourselves drawn to things that nourish our spirits. We will have a deep desire to live our lives for a different, holier purpose. We will begin to notice all of the ways and places that Jesus Christ shows up in our daily lives. And we will allow those experiences, no matter how small, to nourish our ongoing conversion to Him and His gospel.

In the book *True to the Faith*, we read that “conversion is a process, not an event. You become converted as a result of . . . righteous efforts to follow the Savior.” Our personal conversion grows day by day as we spend time in heartfelt prayer, study God’s word through the scriptures and living prophets, and seek to become more like the Savior.

Jesus Christ’s gospel is a gospel of change, and repentance is the most beautiful avenue to change that we can experience. There is perhaps nothing that will draw us closer to our Savior more quickly than approaching Him with a sincere and repentant heart. As we utilize the incomparable gifts of His Atonement in our lives, as we turn away from those things that keep us from Him and turn toward His outstretched arms, we will feel deep personal conversion growing within our souls, and we will experience the mighty change of heart defined in Mosiah 5:2 as “[having] no more disposition to the evil, but to do good continually.”

Personal Affirmation:

As I seek to deepen my conversion to Jesus Christ every day
and use the power of His mighty Atonement in my life,
He draws me close and empowers me to choose Him.

Personal Conversion

Study 1

DAILY READING:

“He Knows You By Name,” by Elaine S. Dalton
April 2005 General Conference

Joseph Smith History 1:13 • James 1:5 • Isaiah 40:26

- Q: God spoke to many different scriptural characters and called them by name. Have you ever had that experience? When? Read your patriarchal blessing this week and look for every time the Lord shows that He knows you by name (if you haven't received it yet, prayerfully consider doing so).
- Q: At the age of 14, young Joseph Smith established a pattern that we can follow to gain and strengthen our testimonies. What do you need clarity on right now? What answers are you seeking? Study James 1:5 and ask God. Receiving answers may require time and patience, but the answers will come.
- Q: Sister Dalton speaks of angels who help us. Who are your heavenly angels? Who are your earthly angels? How have you seen God's hand in your life through them?

Personal Conversion

Study 2

DAILY READING:

“The Soul’s Sincere Desire,” by Carol F. McConkie
October 2016 General Conference

Luke 18:1-8 • Matthew 7:7-11 • Jacob 3:1-2

- Q: Heavenly Father deeply values our communication with Him. He wants to hear from you and He wants to speak to you. When we receive answers to our prayers, it’s essential that we act on the inspiration we receive. When have you responded in faith to promptings you’ve received, even when they felt scary or didn’t make sense? Can you see now the blessings that came from that act of faith?
- Q: Sister McConkie warns against using repetition in our prayers. How can you strive to be more present and mindful when you pray? What specific things can you do to make every prayer you offer personal and meaningful?

Invitation:

Create a habit of offering prayers of only gratitude and thanksgiving. As you do so, your eyes will be opened to the generous gifts that Father in Heaven has granted you. He will recognize your gratitude and continue to bless you with those things you need and desire.

Personal Conversion

Study 3

DAILY READING:

“Trust in the Lord and Lean Not,” by Bonnie H. Cordon
April 2017 General Conference

2 Nephi 22:2 • Mosiah 1:6-7 • Mosiah 7:33

- Q: Sister Cordon discusses what it means to lean spiritually, to get off center, and lose our balance. Are there things in your life that you find yourself “leaning on your own understanding” for? What are they? How can you courageously hand those things back over to the Lord and trust Him with them?
- Q: As you come to trust the Lord, you will start to see His hand in your life more clearly. Sister Cordon mentions three things to focus on as we learn to trust more deeply in the Savior: scripture study, prayer, and service. How can you improve in one or all of these areas?

Invitation:

- Keep a current problem or concern in your mind as you study your scriptures. Look for ways that the Lord speaks to you about those specific things you’re struggling with.
- Pray to know who needs your help. Pray for opportunities to serve others. Peace and enlightenment will come to you as you extend yourself and share Christ’s love and light.

Personal Conversion

Study 4

DAILY READING:

“God’s Love: The Most Joyous to the Soul,” by Susan H. Porter
October 2021 General Conference

1 Nephi 11:16-17 • Moroni 7:47-48 • Jeremiah 31:3

- Q: Sister Porter teaches, “Sometimes we mistakenly think that we can feel God’s love only after we have followed the iron rod and partaken of the fruit. God’s love, however, not only is received by those who come to the tree but is the very power that motivates us to seek that tree.” How does the Lord’s love for you individually help motivate you to seek Him? In what ways can you make that a more constant goal in your life?
- Q: The Lord honors the questions that we ask. He wants to give us insights and answers, but those things don’t always come quickly. What are the questions that you have? How can you continue to move forward while searching for answers?
- Q: In Moroni 7:48, Mormon asks us to pray that we might know of God’s love for us. When have you felt God’s love for you as one of His unique and essential daughters? If you haven’t felt it lately, ask Him to bless you to know how He feels about you.

Personal Conversion

Study 5

DAILY READING:

“Be Ye Converted,” by Bonnie L. Oscarson
October 2013 General Conference

Mosiah 5:2 • Luke 22:3 • John 7:17

- Q: What does true, individual, personal conversion mean to you? How can you deepen your conversion to Jesus Christ and His gospel?

- Q: Sister Oscarson teaches that true conversion begins to take place when we have faithfully lived a gospel principle, after which the Spirit testifies to our hearts that the principle is good and true. What is something you feel you would like a deeper testimony of, and what steps can you take in faith to invite the Spirit to teach you of its truth?

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